



**International  
English-Speaking  
Catholic Parish**

St. Leonhard's

St. Mary's

Holy Cross

---

FEBRUARY 2026



**HOLY FATHER'S PRAYER INTENTION FOR FEBRUARY**

**For children with incurable diseases:**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

## FEBRUARY 2026

Saturday, 31.01.	17.00	St. Leonhard's	Mass - AN
Sunday, 01.02.	09.30	Holy Cross	Mass - CE
	17.00	St. Mary's	Mass - CE
Tuesday, 03.02.	18.00	St. Leonhard's	Mass - AN
Saturday, 07.02.	17.00	St. Leonhard's	Mass - CE
Sunday, 08.02.	09.30	Holy Cross	Mass + Family Mass - CE
	17.00	St. Mary's	Mass - AN
Tuesday, 10.02.	18.00	St. Leonhard's	Mass - CE
Saturday, 14.02.	17.00	St. Leonhard's	Mass - ( <i>substitute</i> )
Sunday, 15.02.	09.30	Holy Cross	Mass with Children's Liturgy of the Word - ( <i>substitute</i> )
	17.00	St. Mary's	Mass - ( <i>substitute</i> )
<del>Tuesday, 17.02.</del>	<del>18.00</del>	<del>St. Leonhard's</del>	<b>MASS CANCELLED</b>
<b>Wednesday, 18.02</b>	<b>19.00</b>	<b>Holy Cross</b>	<b>Ash Wednesday - AN</b>
Saturday, 21.02.	17.00	St. Leonhard's	Mass - CE
Sunday, 22.02.	09.30	Holy Cross	Mass - CE
	17.00	St. Mary's	Mass - AN
Tuesday, 24.02.	18.00	St. Leonhard's	Mass + Stations - CE
Saturday, 28.02	17.00	St. Leonhard's	Mass - AN

## MARCH 2026

Sunday, 01.02.	09.30	Holy Cross	Mass - CE + AN
	17.00	St. Mary's	Mass - CE
Tuesday, 03.02.	18.00	St. Leonhard's	Mass + Stations - CE

Celebrant Abbreviations: CE = Fr. Christian Enke  
AN = Fr. Anthony Nneji

Parish Collection Sums for December 2025 = 4.123,21 €

Thank you for your continued generosity!

**NEW BAPTISM SCHEDULE** - In order to help ease your planning with family members travelling to visit, we have decided to have set dates every month for baptisms in 2026. This will allow you schedule the date in advance. The new dates for the first half of 2026 are:

8. Feb (HC) / 5. Apr (HC) / 26. Apr (StM) / 2. May (StL) / 14. June (HC)  
7. July (StL) If you live outside of the Frankfurt area, contact the parish office.

\*\* HC = Holy Cross / StL = St. Leonhard's / StM = St. Mary's \*\*

ALL baptism requests must go through the parish office (email: international@parish-frankfurt.de)

**REGULAR CONFESSION TIMES** – Father Christian will be available to hear individual confessions each weekend 30 minutes before Mass, at all 3 church locations. No prior appointments necessary



**ASH WEDNESDAY**

Mass with distribution of ashes on Wednesday, **February 18 at 19.00** in Holy Cross Church.

**EMAIL DISTRIBUTION LIST** –In order to receive all relevant updates and also the weekly bulletin, please contact the parish office to be added to the distribution list: international@parish-frankfurt.de

St.  
Leonhard's

**FOOD DONATIONS** – Each Saturday at Mass we collect non-perishable, non-refrigerated food for the Mother Teresa Sisters (marmalade, fruit teas, sugar, margarine, dried meats, e.g. salami). Simply place your items in the basket in the back of church.

**STATIONS OF THE CROSS** – each Tuesday during Lent, directly following the Tuesday Mass at 18:00.

Holy  
Cross

**COFFEE SOCIAL AFTER MASS** – You are most welcome to join us for some refreshments Sundays after Mass. We ask everyone attending to **please bring your own cup to the coffee social – and also please remember cups for your kids.**

**FOOD DONATIONS** - We collect non-perishable food for the Missionary Sisters of Charity each Sunday. Items such as marmalade, FRUIT teas, sugar, margarine, dried meats, e.g. salami

10-slice packs of individually wrapped yellow cheese and “to-go” coffee cups with lids.

**FAMILY MASS – February 8<sup>th</sup>** The Sunday Mass at Holy Cross on Feb. 8<sup>th</sup> will be for both “young” and “old” alike, with certain elements geared especially towards children incorporated into the regular Sunday Mass.



\*\*\* This Family Mass will have the theme of “Fasching” so we invite all children to come to church in costume. \*\*\*

**CHILDRENS LITURGY OF THE WORD - Sunday, February 15<sup>th</sup> -**

Children’s Liturgy of the Word is an age-appropriate Liturgy of the Word offered for children ages 4 and above, that will be held during the 9:30 Mass. No pre-registration is required

St.  
Mary’s

**FOOD DONATIONS** - Reminder: you can bring your food donations for the Hattersheim-Hofheim Tafel each Sunday to Mass. The Tafel is especially in need of items such as sugar, flour, cooking oil, non-refrigerated milk and canned goods.

**January 31 / February 1**  
4<sup>th</sup> Sunday in Ordinary Time  
*Collections: For the works of Caritas*

**FIRST READING – Zephaniah 2:3: 3:12-13**

Seek the Lord, all you humble of the land, who do his commands; seek righteousness, seek humility; perhaps you may be hidden on the day of the Lord’s wrath. For I will leave in the midst of you a people humble and lowly. They shall seek refuge in the name of the Lord – the remnant of Israel, they shall do no wrong and utter no lies, nor shall a deceitful tongue be found in their mouths. Then they will pasture and lie down, and no one shall make them afraid.

**R: Blessed are the poor in spirit; the kingdom of heaven is theirs!**

**SECOND READING – 1 Corinthians 1: 26-31**

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of

noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. God is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

### **Gospel – Matthew 5: 1-12**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: „Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.“

**February 7 / 8**

5<sup>th</sup> Sunday in Ordinary Time

### **FIRST READING – Isaiah 58:6-10**

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly, our vindicator<sup>l</sup> shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and

the LORD will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

**R: Light rises in the darkness for the upright.**

**SECOND READING – 1 Corinthians 2: 1-5**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

**GOSPEL – Matthew 5: 13-16**

Jesus said to his disciples: “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

**February 14 / 15**

6<sup>th</sup> Sunday in Ordinary Time

**FIRST READING – Sirach 15:15-20**

If you choose, you can keep the commandments, and to act faithfully is a matter of your own choice. He has placed before you fire and water; stretch out your hand for whichever you choose. Before each person are life and death, and whichever one chooses will be given. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he

knows every human action. He has not commanded anyone to be wicked, and he has not given anyone permission to sin.

**R: Blessed are they who follow the law of the Lord!**

**SECOND READING – 1 Corinthians 2: 6-10**

Brothers and sisters: Among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God.

**GOSPEL – Matthew 5: 17, 20-24, 27-28, 33-34, 37**

Jesus said to his disciples: Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift.

**February 18**  
Ash Wednesday

**FIRST READING – Joel 2: 12-18**

Even now, says the LORD, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your

clothing. Return to the LORD, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether the Lord will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering to be presented to the LORD, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the LORD, weep. Let them say, "Spare your people, O LORD and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, 'Where is their God?'" Then the LORD became jealous for his land, and had pity on his people.

**R: Have mercy, O Lord, for we have sinned.**

**SECOND READING – 2 Corinthians 5:20-6:2**

Brothers and sisters: We are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake God made Christ to be sin who knew no sin, so that in Christ we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For the Lord says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation!

**GOSPEL – Matthew 6: 1-6, 16-18**

Jesus said to his disciples: "Beware of practicing your piety before people in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door

and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

**February 21 / 22**

1<sup>st</sup> Sunday of Lent

**FIRST READING – Genesis 2: 7-9, 16-18, 25; 1-3**

The LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. ... And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Then the LORD God said, "It is not good that the man should be alone; I will make him a helper as his partner." And the man and his wife were both naked, and were not ashamed.

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some

to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

**R: Be merciful, O Lord, for we have sinned.**

### **SECOND READING – Romans 5: 12-19**

Brothers and sisters: just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin.

For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

### **GOSPEL – Matthew 4: 1-11**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you, and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to

the test.” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God and serve only him.’ Then the devil left him, and suddenly angels came and waited on him.

## ***PERSONNEL, OFFICE HOURS & CONTACT DETAILS***

### **PARISH PRIEST:**

**Fr. Christian Enke**

Phone: 069 219 3650-0

0178-3422342

c.enke@parish-frankfurt.de

### **PASTORAL ASSOCIATE:**

**Lori Bemb**

Phone: 069 219 3650-0

L.bemb@parish-frankfurt.de

### **ASSISTANT PRIEST:**

**Fr. Anthony Nneji**

Phone: 015216771568

tonynneji92@gmail.com

### **PARISH SECRETARY:**

**Angela Fischer**

Phone: 069 219 3650-0

international@parish-frankfurt.de

### **PARISH EMAIL:**

international@parish-frankfurt.de

### **PARISH WEBSITE:**

www.parish-frankfurt.de

### **MUSIC DIRECTORS:**

**Benedikt Milenkovic**

b.milenkovic@parish-frankfurt.de

Phone: 069 219 3650-13

**Connie Horne**

c.horne@parish-frankfurt.de

### **PARISH COUNCIL PRESIDENT:**

**Tom Lavell** Email: TELavell@aol.com

### **PARISH COUNCIL VICE-PRESIDENTS:**

**Giancarlo Polvara**

Email: giancarlo.polvara@gmail.com

**Benjie Dimaunahan**

Email: didittedim@gmail.com



## Parish Office

Vilbeler Strasse 36 (3<sup>rd</sup> Floor)  
60313 Frankfurt am Main

**Office Hours:** **Monday + Tuesday**  
(for the public) 14.00-16.00  
**Thursday**  
10.00-12:00



## St. Leonhard's

Church location:  
Am Leonhardstor 25  
60311 Frankfurt am Main

**Mass time: Saturdays 5:00 pm**  
**Tuesdays 6:00 pm**



## Holy Cross

Church location:  
Kettelerallee 45  
60385 Frankfurt am Main

**Mass time: Sundays 9:30 am**



## St. Mary's

Church location:  
Wachenheimer Str. 58  
65835 Liederbach am Taunus

**Mass time: Sundays 5.00 pm**